Price List :

Acupuncture		**Seniors**
Initial session	$75	$64
Follow Up	$60	$51
Holistic Health Coaching		
1 Month of coaching	$197	$167
Stress Resilience/Meditation		
8 week program	$30/class	
Initial/post consultations	$125	
Massage		
Swedish		
1 Hour	$60	$51
90 Minutes	$85	$72
Therapeutic Massage		
1 hour	$70	$59
90 minutes	$95	$81
Deep Tissue Massage		
1 hour	$80	$68
90 minutes	$115	$98
Chair Massage		
$1.00/minute	15 minute minimum	
Prenatal Massage		
1 hour	$70	
90 Minutes	$95	
Hot Stone Massage		
1 hour	$85	$72
90 minutes	$110	$93
Student Massage		
1 hour	$50	
Foot Reflexology		
30 minutes	$35	$30
45 minutes	$50	$42
Reiki		
1 hour	$60	$51
Reiki Attunements	$150	
Yoga		
Yoga	6week class $90	